

What people said about our training when asked what they like most?

- **"It will make my approach to 1:1 sessions with clients focus on the positives rather than the negatives"** *Solution Focused Approaches*
- **"Learning a new technique to initiate behaviour change conversation that is client focused and effective at encouraging self-reflection and efficacy"** *Solution Focused Approaches*
- **"Interactive - well balanced between theory and practice"** *Introduction to Behaviour Change Conversation Skills*
- **"Clear tools you can take home and use tomorrow in practice"** *Introduction to Behaviour Change Conversation Skills*
- **"Practical tools to take away. Practical experience from the trainer"** *Motivational Interviewing*
- **"The really useful toolkit to work with service users in the future"** *Motivational Interviewing*
- **"Gaining knowledge and insight around subject as well as learning motivational interviewing to help implement change and reflect on working practice"** *Alcohol and Substance Misuse*
- **"Trainer very knowledgeable. Interactive"** *Alcohol and Substance Misuse*
- **"Very informative and easy to understand"** *Healthy Weight*
- **"I thought I had good knowledge, however the course was well structured and I found out a lot"** *Sexual Health*
- **"Very informative and interactive can relate to yourself and others"** *Emotional Health and Wellbeing*
- **"Very informative, good participation, good knowledge from trainer"** *MECC*

